

# Model Behaviors You Want To See From Others

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“Life is a reciprocal exchange.  
To move forward, you have to  
give back.”  
- Oprah Winfrey



## THINK:

People respond positively to kindness. When you do something nice for someone, it will influence others to do the same.

**DO:** Once a day, do one kind gesture for someone.

Lead by example by doing one of the following:

- Hold the door for someone
- Buy your co-worker a cup of coffee
- Say “hello” to a stranger